

August 2023



Our monthly news & updates

[Visit our Website!](#)

A Message from Chamber Board President, Olga Garcia

Dear Members of the SSF Chamber of Commerce,

I hope this message finds you all well and thriving in your businesses. As the President of the SSF Chamber of Commerce and also the Manager at CG Moving Company, it is an honor to address you all in this month's newsletter.

CG Moving Company has been proud to be a longstanding member of the SSF Chamber of Commerce. Our company holds a deep appreciation for the community we live in and is committed to supporting small businesses. We understand the vital role they play in shaping the unique identity of our community and fostering its growth and prosperity.

South San Francisco, known as the Biotech Capital of the World, provides us with an incredible opportunity to make a positive impact on both the business landscape and the lives of our fellow residents. As passionate believers in the power of collaboration, we strive to forge strong connections between big companies and small businesses, working together to create a thriving ecosystem for all.

Small businesses are the lifeblood of our community, and they deserve our wholehearted support. I encourage each of you to actively contribute to our small business community in any way possible. By making conscious choices to buy local, hiring small and independent businesses, and patronizing them whenever you can, you help fuel the dreams of hardworking entrepreneurs and make a significant difference in their lives.

Our commitment to supporting small businesses extends beyond consumer choices. As the President of the Chamber, my goal is to foster an inclusive and supportive environment where all our members can flourish. By attending mixers and networking events, we have the opportunity to learn from one another, share experiences, and collectively elevate our businesses to new heights.

To our corporate members, I invite you to continue championing small businesses by partnering with them as suppliers, contractors, vendors, and collaborators. Incorporating small businesses in your



diversity programs can lead to meaningful outcomes, benefiting both parties. By investing in their success through resources, education, and opportunities, we strengthen the entire community.

As exciting changes unfold within our Chamber, I am delighted to share that our new CEO, Mary, has been doing a phenomenal job. Her dedication and enthusiasm are evident as she engages with members and introduces new benefits that enhance our chamber's value. Moreover, we are on the lookout for new board members who are passionate about making a difference. If you are interested, don't hesitate to reach out and learn more about becoming a board member or an ambassador.

Additionally, I want to extend an invitation to all members to consider hosting business mixers and networking events at your establishments. These gatherings offer a platform to collaborate and build lasting connections, reinforcing the spirit of camaraderie that defines our chamber.

In conclusion, I want to express my gratitude for your continued support and dedication to the SSF Chamber of Commerce. Together, we have the power to shape a vibrant and prosperous business community that positively impacts the lives of all involved.

Thank you for being part of this journey with us, and I am excited to witness the collective success of our members as we move forward.

Warm regards,

Olga Garcia
President, SSF Chamber of Commerce
Manager, CG Moving Company
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Update from CEO, Mary Prem

Dear Chamber Members,

Happy Summer! I hope this update finds you all in high spirits, enjoying the warm weather and the many delights this season has to offer.



I am thrilled to share some exciting new updates that we have in store for our esteemed members. Our team has been hard at work, seeking exclusive discounts for our chamber members from various service providers. We are actively negotiating deals with insurers, bankers, internet/cable companies, payroll processing companies, printing services, marketing firms, and more. These discounts will add tremendous value to your businesses and help you save on essential expenses.

In addition to the discounts, we are also revamping our website to enhance your online experience. Our aim is to create a more user-friendly and interactive directory where members can showcase badges, such as "Green Certified" or "Minority Owned," highlighting your unique achievements and attributes. This will further boost your visibility and recognition within the community.

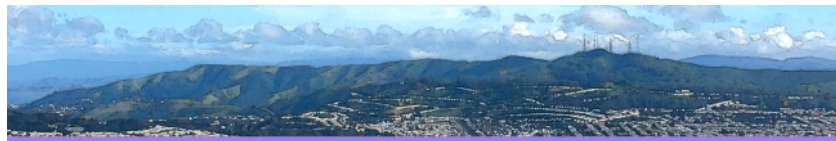
On a personal note, I have been visiting local businesses and introducing myself to get a better understanding of our members' needs and aspirations. I have had the pleasure of exploring numerous new eateries and experiencing the diverse culinary delights our community has to offer. A special thank you to those businesses I visited that decided to become chamber members. Your support is truly appreciated.

Furthermore, I am diligently collaborating with city officials and fellow chamber members to bring more educational opportunities, local entertainment, and exciting outings to our residents and visitors. Our collective efforts aim to create a vibrant and enriching environment for all.

As we continue to move forward together, I encourage you to share your ideas and feedback with us. Your valuable input plays a pivotal role in shaping the future of our Chamber and community.

Here's to a successful and enjoyable summer for each one of you!

Best regards,
Mary Prem
Chief Executive Officer



Pancake Breakfast!

SUNDAY, SEPTEMBER 10th

.....
Mission Blue Nursery
3435 Bayshore Blvd, Brisbane, CA 94005
.....

Breakfast Fundraiser: 9am-12pm
Native Plant Sale: 9am-2pm

Entry to plant sale is FREE!
Pancake breakfast tickets
available at the door or at
[www.mountainwatch.org/](http://www.mountainwatch.org/pancakebreakfast2023)
[pancakebreakfast2023](http://www.mountainwatch.org/pancakebreakfast2023)



PANCAKES FOR YOUR BELLY, PLANTS FOR YOUR BACKYARD!

SOUTH SAN FRANCISCO WOMEN'S LEADERSHIP CONFERENCE

Discover the Leader Within You

Join us for a day filled with
inspiration, empowerment, and networking.

SATURDAY, AUGUST 26, 2023
8 AM - 2 PM

Featured Keynote Speakers



JACKIE SPEIER
former Congressmember



CHRISTINA CORPUS
San Mateo County Sheriff

SOUTH SAN FRANCISCO CONFERENCE CENTER
255 S AIRPORT BLVD, SOUTH SAN FRANCISCO, CA 94080

Food & Beverages • Prizes & Giveaways

**GET YOUR
TICKETS!**



*Scholarships
available

See more info:
WWW.SSF.NET/WLC





SMALL BUSINESS DEVELOPMENT CENTER
SAN MATEO

SAVE YOUR BACON... A CONTRACTS

INSTRUCTOR: BEN MARTIN

TUESDAY
AUGUST 8, 6:00 PM
ONLINE ON ZOOM

What do small businesses need to know while covering the basic principals of contracts? Learn how to avoid the pitfalls hidden in contracts, and learn how to negotiate a contract. Learn how to make a checklist to identify contract needs.

WWW.SANMATEOSBDC.ORG/EVENTS



Funded in part through a cooperative agreement with the U.S. Small Business Administration. All opinions expressed are those of the author(s) and do not necessarily reflect the views of the SBA or Cal Poly Humboldt Foundation. Reasonable accommodations for persons with disabilities will be made if requested at least two weeks in advance. Please contact: (650) 395-9130



THE BIG IDEAS AND HOW TO PROTECT THEM

Intellectual Property: an Overview

INSTRUCTOR: BEN MARTIN

TUESDAY
AUGUST 22, 6:00 PM
ONLINE ON ZOOM

Ideas and inventions are often the key assets of a business. How do you protect your ideas while using them, developing them to customers? Discussions include Copyrights, Patents, Trade Secrets, Trade and Service Marks, and Domain Names. Non-disclosure Agreements and Not to Compete are covered along with how to prove your idea is your idea and no one else's.

WWW.SANMATEOSBDC.ORG/EVENTS

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ACCOUNTING & BOOKKEEPING SERIES

366 Grand Ave, South San Francisco, CA 94080

INSTRUCTOR: DORENDA HAYNES

15
AUG

Introduction to Accounting & Bookkeeping

Whether or not you have an accountant to do your taxes, you will still need to be on top of your cash in and cash out of your business. Get to know the important accounting and bookkeeping basics for your business.

22
AUG

Using QuickBooks: Part I

QuickBooks is one of the most user-friendly applications for doing bookkeeping. By getting comfortable with it, you'll be able to make decisions for your business.

29
AUG

Using QuickBooks: Part II

You've got the basics, now make QuickBooks work right for your business. The final part of this series will help you use the software effectively for your needs.

Take a long, late lunch and join us for an exciting and informative series.

CONTACT

brc@rencenter.org (650) 829-4635 rencenter.org

COUNTY OF SAN MATEO

Supplier Diversity Study

The County of San Mateo is seeking your feedback to better understand and find solutions to remove barriers for local, micro, small, and diverse businesses to access the County's procurement opportunities.

The County is hosting four (4) virtual meetings to provide local vendors, contractors, consultants, and suppliers various opportunities to participate and provide feedback to inform the Supplier Diversity Study.

The Study is a tool that will help us understand how local, micro, small, and diverse businesses work with the County and your insights will help guide policies and procedures to improve the participation of underrepresented businesses in future County contracting opportunities.

The virtual meetings will provide an overview of the Supplier Diversity Study, outline how the public can be involved throughout the study period, and include an opportunity to provide feedback during the meeting.

YOUR FEEDBACK IS NEEDED!

Join one of the virtual meetings to:
[Learn More](#) | [Ask Questions](#) | [Share Your Experience](#)

MEETING DATES:

WEDNESDAY AUGUST 2	10:00 AM - 11:00 AM	REGISTER
THURSDAY AUGUST 3	12:00 PM - 1:00 PM	REGISTER
TUESDAY AUGUST 8	5:30 PM - 6:30 PM	REGISTER
THURSDAY AUGUST 10	2:00 PM - 3:00 PM	REGISTER

All meetings will include live interpretation provided in Spanish.
 Se ofrecerá interpretación en directo de toda la reunión en español.

For questions, email us: SMCSupplierDiversity@capsservices.com

For more information, visit: <https://www.smcgov.org/ceo/supplier-diversity-study>



August is National Immunization Awareness Month How immunizations, vaccinations, and shots can save your life

Vaccines are a breakthrough in modern medicine. Because of the efforts to vaccinate, smallpox was eradicated from the U.S. in 1949. Other serious diseases like polio are also nearing elimination. The Centers for Disease Control and Prevention (CDC) has estimated that vaccinations will prevent over 21 million hospitalizations and 732,000 deaths among children born in the last 20 years. Vaccines are the best way to protect yourself and the people you love.

Vaccination has recently become a hot-button topic. Unfortunately, misinformation that associates vaccines with conditions like autism, disabilities, or other medical issues are the main reasons people choose to not vaccinate. There is no scientific evidence that supports these claims and much of the information that is shared online is inaccurate.

While the vaccination topic may seem complicated and controversial, it's important to understand how vaccines work. Unfortunately, there are many myths about vaccines, including what the term means. People often refer to shots, vaccinations, and immunizations as if they are the same, but a shot is not necessarily a vaccine.

A shot is one method your doctor or care team can use to inject a helpful substance into your body. Depending on your needs, the shot can be a medication like insulin or antibiotics.

Vaccines are used to help prevent serious diseases or illnesses from occurring or spreading. The vaccine itself is a safe substance that contains a small amount of a weakened or dead virus or bacteria. When your body is exposed to a vaccine, your immune system develops resistance to that disease. Some of the most common vaccines include Chickenpox, Flu (Influenza), Hepatitis (A & B), Human Papillomavirus (HPV), Measles, Mumps, Rubella, Polio, Shingles, Tetanus, Diphtheria, and Pertussis (Whooping Cough).

Immunization is the process of becoming protected – or immune – to a disease or illness. When your body is exposed to a vaccine, your immune system will produce antibodies against that disease. Your body will then be able to recognize and fight the disease if you're ever exposed to it. Immunization via a vaccine also helps prevent the spread of deadly diseases to other people.

Talk to your doctor if you have any questions about vaccinations. You should also let your doctor know if you have any pending international travel. Your doctor may recommend certain vaccines depending on your destination.

John E. Skerry, MD

Physician in Chief

Kaiser Permanente South San Francisco Medical Center

Friendly reminder to Chamber Members:

Have you changed your contact information, email address, or phone numbers?

Please provide the SSF Chamber of Commerce with your information to keep our website up to date.

You can email any changes to info@ssfchamber.com



Discover the Delights of Las Hijas Del Gallo Bakery Inc: Where Tradition Meets Variety

When it comes to a bakery that offers more than just Mexican fare, Las Hijas Del Gallo Bakery Inc in South San Francisco stands out as a must-visit destination. This family-run establishment takes immense pride in their creations, ensuring a delightful experience for every customer.

The story of Las Hijas Del Gallo Bakery began with Jorge Castillo and Eladia Castillo, who met and married as teenagers in Mexico. In the late 1970s, they made their way to the Bay Area, where Jorge embarked on his first bakery venture, Castillo France Bakery in Palo Alto. Despite facing challenges due to inexperience, Jorge's passion for baking remained unwavering. In 1994, he started selling his mouthwatering baked conchas and ojo (eye-shaped pastries) at farmers' markets across the Bay Area.

Known as Gallo, or the Mexican Rooster, Jorge's reputation grew, leading him to establish Las Hijas Del Gallo Bakery in its current location in 1995. Although Jorge and Eladia are no longer with us, their legacy lives on through a thriving bakery operated by their three daughters: Margarita, Maricela, and Maribel, along with two other siblings. Miriam Castillo assists with admit and legal help issues, Mariela Castillo the youngest working the reception area. It truly is a family affair, with Margarita overseeing the front of the shop, her brother-in-law Oscar as the head baker, and the grandchildren and family along with very trusted employees lending a hand after school and during holidays.

Open daily from 6 am, Las Hijas Del Gallo greets visitors with the irresistible aroma of cinnamon and yeast, permeating the air from yards away. Stepping inside, guests are transported to the panaderias of Playa del Carmen or the outskirts of CDMX, where authenticity shines. The brick walls and floors add to the charm, while a cash-only policy applies to orders under \$10.

It's not uncommon to find a line of eager customers at Las Hijas Del Gallo, drawn by the tantalizing offerings. Sheet pans filled with freshly baked goods line up on racks, their labeling secondary to the mouthwatering aroma that emanates from them. Delicate conchas and ojo present a delightful combination of wispy textures beneath a satisfyingly crunchy sugar topping. The pineapple turnover entices with its golden exterior and warm, fruity center.

For those who crave more than just pastries, Las Hijas Del Gallo has you covered. Crispy and oil-less churros are served fresh at the counter, generously dusted with cinnamon. The cortadillo, lightly frosted and perfectly moist, is a delightful treat. And let's not forget the creamy tres leches, kept chilled for a refreshing indulgence. The bakery also offers specialty cakes for special orders.

Las Hijas Del Gallo Bakery understands the importance of catering to a diverse range of tastes. While staying true to their Mexican roots, they proudly offer American treats such as cookies, bread pudding, biscuits, and muffins. Whether you're in the mood for a classic pan dulce or craving a familiar favorite, this bakery has everything you need and want.

It's no wonder that visitors to the Bay Area often make it a point to stop by Las Hijas Del Gallo Bakery before heading home, conveniently located just a few exits from the San Francisco airport. The warm, freshly baked pastelitos envelop your senses upon entering, leaving an unforgettable impression. Not only does the bakery offer delectable treats, but their top-notch customer service ensures a memorable experience. For those planning special events, Las Hijas Del Gallo gladly accepts custom orders, making every celebration extra special.

Customers consistently rave about Las Hijas Del Gallo Bakery, declaring it as the undisputed best pan dulce in the Bay Area. As soon as you step foot inside, the enticing aroma captivates your senses, and the vibrant colors of their soft pillows of goodness instantly charm you. The staff's dedication to providing excellent customer service further enhances the experience, and they are always ready to accommodate custom orders for parties and special occasions.

One cannot resist the allure of Las Hijas Del Gallo's conchas, which are often enjoyed piping hot from the oven. It's no surprise that customers find themselves indulging in these delectable treats right in the parking lot before leaving the premises because, well, who can resist the temptation? Soft, pillowy, and slightly sweet, these conchas are hailed as the best around.

Beyond their traditional Mexican pastries, Las Hijas Del Gallo Bakery excels at offering an array of American treats. From cookies to bread pudding, biscuits to muffins, a variety of croissants and jelly rolls they have something to satisfy every craving. The bakery's commitment to quality and diversity ensures that there is always a delightful surprise waiting to be discovered.

Whether you are a local or a visitor to the Bay Area, Las Hijas Del Gallo Bakery Inc is a hidden gem worth seeking out. With its warm family atmosphere, mouthwatering pastries, and dedication to culinary excellence, it promises an experience that will leave you craving for more. So, don't miss the opportunity to indulge in the flavors of Mexico and beyond at this remarkable bakery.

Plan your visit to Las Hijas Del Gallo Bakery today and let your taste buds embark on a memorable journey of delectable delights.

Las Hijas Del Gallo Bakery
615 Linden Ave, So. San Francisco CA 94080
Tel: 650-589-4329
<https://lashijasdelgallobakery.com/>





You can RSVP and pay for our events by going to the calendar section and clicking on the event you want to attend. Registration is for SSF Chamber members.

*Not a Chamber member yet?
Contact the Chamber at
info@ssfchamber.com
or visit www.ssfchamber.com*

Follow us on [Facebook](#) for the latest Chamber news.

SSF Chamber Calendar of Events

Genentech Goes to Town
September 11– 24

The 35th Annual Taste of SSF
Thursday, November 2, 2023
8:00am – 12:00noon – Year in Review
12:00noon –2pm Taste
South San Francisco Conference Center
255 S. Airport Blvd, SSF
RSVP: info@ssfchamber.com

South San Francisco Chamber Member Benefit

Did you know as one of the many benefits of being our member that you can submit your events for Chamber approval through our monthly newsletter, or social media outlets? Once approved, it will be listed on our event calendar!



Beyond the Border

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Website: <https://beyondthebordertruck.com>

Chico Marx

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Website: <https://www.chicomarxssf.com>

Walang Sayang Eco

Stephanie Martin
(650) 580-8188

Email: Ewalangsayangeco@gmail.com
Website: <https://walangsayangeco.com>

Thank You! **RENEWING MEMBERS**

Your support is truly appreciated!

Bitters & Bottles (August 2013)
Bronstein Music (April 1946)
City of South San Francisco (May 1988)
Commute.org (August 2002)
Embassy Suites (July 1988)
Ross, Hackett, Dowling, Valencia & Walti (March 1987)
Ryan & Ryan Construction (April 2012)
San Mateo County Supervisor, Dave Pine (August 2011)
Sitike Counseling Center (July 1998)
South San Francisco Host Lions Club (July 2008)
Ultragenyx (July 2020)

Legislative Watch List

We take care of politics so you can take care of your business



Labor
Law
Corner

Sarah Woolston
Employment Law
Subject Matter
Expert



Labor
Law
Corner

Dana Leisinger
Employment
Law Expert

[Reporting Time Pay-When It's Owed
Depends on Circumstances](#)

*Sarah Woolston
Cal Chamber*

[Even in "At Will" California, It's Wise
to Follow Disciplinary Process](#)

*Dana Leisinger
Cal Chamber*

Chairman Circle Members

*Chairman's Circle members receive benefits above and beyond typical membership,
with the highest visibility at Chamber events and in publications*

Chairman Circle – GOLD MEMBER



Chairman Circle – SILVER MEMBERS



Chairman Circle – BRONZE MEMBERS



Board of Directors

2023 Board Officers

President
Olga Garcia
CG Moving Company

Vice President
Sailesh Mehra
SM8

Board of Directors

Bill Benavides
BLT Construction

Matthew Butler
Tri Counties Bank

David Huddleston

Chamber Personnel

Mary Prem
CEO

Arlene Dozier
Administrative Assistant

Treasurer
Kevin Williams
California Water Service

Ex-Officio City Manager
Sharon Ranals

BWP Grosvenor Hotel

Daniela Jongitud
Chajinel Home Care
Services

Keri Kirby
Sitike Counseling Center

Reggie Kumar
AC Hotel by Marriott SFO

Sailesh Mehra
SM8

Natalia Morales
Kilroy Realty Corporation

Christina Ng
Grand Palace Restaurant

Shetal Patel
Hampton Inn SFO

Pravin Punjiya
Fairfield Inn by Marriott SFO

Kevin Worth
Kaiser Permanente

South San Francisco Chamber of Commerce | 213 Linden Avenue, South San Francisco, CA
94080

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