

Thank you for your continued support and partnership. Here's to a prosperous and successful year ahead!

#### Warm regards, Mary Prem

CEO, South San Francisco Chamber of Commerce







# Boost Your Business this Holiday Season...Join the SSF Holiday Gift Program!

The South San Francisco City Manager's Office is thrilled to extend an invitation to local businesses interested in participating in the Team SSF Holiday Gift Program. This initiative is designed with two primary goals in mind:

1. to support and elevate our local business community,

2. to provide a carefully curated selection of holiday gifts to the dedicated Team SSF staff.

For more information, please contact Marie Patea at Tel: 1-650-829-6666 Email: marie.patea@ssf.net

## **Home2 Suites**

550 Gateway Blvd, South San Francisco

Home2 Suites by Hilton South San Francisco, CA Hotel

Tel: 1-844-202-2147

### Celebrating Diwali with Elegance at Home2 Suites, South San Francisco

The South San Francisco Chamber of Commerce recently orchestrated a memorable Diwali mixer at the Home2 Suites. Under the adept leadership of Shetal Patel and her team, the event splendidly captured the essence of this cherished festival.

The venue's deck, aglow with fairy lights and inviting outdoor gas fireplace, set a magical scene. Celestina, from Consciously Pouring, masterfully prepared vibrant cocktails, infusing the evening with sophistication and festivity. The attendees, resplendent in bright sarees and traditional Indian attire, enhanced the celebratory mood.

This mixer was a sensory delight. Guests savored authentic Indian dishes, admired sparkling fashion jewelry from Bukku's Boutiques, and experienced the artful beauty of henna by Archana Henna Designs. The evening was further sweetened by delectable Indian desserts from Burfia, creating a perfect blend of cultural celebration and gastronomic pleasure.

The event's success was also attributed to the Home2 Suites in South San Francisco. The hotel features large, comfortable rooms with distinct living areas and fully-equipped kitchenettes. Their breakfast buffet, complete with healthy options, freshly made waffles, savory omelettes, refreshing juices, and rich coffee, was particularly noteworthy.

Conveniently located a short drive from San Francisco International Airport (SFO), Home2 Suites is an ideal choice for travelers. Its proximity to the life science campus, downtown South San Francisco's diverse dining scene, and Oyster Point Marina's ferry access to Oakland enhances its desirability.

The Diwali mixer at Home2 Suites was not just a celebration of the Festival of Lights; it was a showcase of South San Francisco's hospitable spirit. The event fostered a sense of community, cultural richness, and connectivity, leaving an indelible impression on all who attended.





#### **Reducing Holiday Stress**

The holidays are a busy time. They can demand extra attention for cooking, cleaning, party planning, hosting, and talking with family members we might not always agree with. It's no wonder that stress during the holidays is common. These tips can help reduce holiday stress:

#### Share holiday tasks

Let everyone help with shopping, cooking, cleaning, and event planning. If you really dislike doing dishes, help with cooking instead. Sharing tasks lets everyone be part of making the holidays special.

#### Have realistic expectations

No holiday gathering is perfect. Don't let something like forgetting to defrost the turkey ruin the day. Be flexible, and let it become another holiday memory. View these experiences as chances to practice being resilient.

#### Maintain your healthy habits

Staying healthy is your best defense against holiday stress. Try eating a healthy snack before a party. If you don't show up hungry, you'll be less likely to fill up on sweets.

#### Practice gratitude

Remember the ways - good and bad - that others show you they care. Choose to be positive.

#### Make time for joy

This could be baking, playing games, or volunteering in your community. Maybe take a plate of cookies to a neighbor. Do what feels right for you.

#### Take time to unwind

Try taking a few deep breaths or going for a walk. Maybe you need time to yourself after being with family. Even a little break can make a big difference to reduce stress.

#### Get professional help if you need it

The holidays can be a big event and stress leading up to them is common. Talking to a friend or family member may help. When necessary, seeing a counselor can help you change the way you handle stress.

On behalf of myself and our team at Kaiser Permanente South San Francisco, we wish you a happy and healthy holiday season,

John E. Skerry, MD Physician in Chief

**Kaiser Permanente** 

#### Friendly reminder to Chamber Members:

Have you changed your contact information, email address, or phone numbers?

Please provide the SSF Chamber of Commerce with your information to keep our website up to date.

You can email any changes to info@ssfchamber.com





### **Holiday Gifts and Toy Drive**

#### Now until December 21st

#### Spread Joy this Holiday Season

The season of giving is upon us, and it's that time of year when we can make a real difference in the lives of those who need it most. Join us in spreading warmth and joy this season by donating unwrapped toys, books, coats, sweaters, socks, and gift cards to local stores, restaurants, movies, bowling etc., to support those in need. Your generous contributions can make a huge difference in someone's life. Please drop off your donations at any of the following locations:

- SSF Chamber Office, 213 Linden Ave, SSF
- Thai Satay Restaurant, 265 Grand Ave, SSF
- Evolve Training Ctr, 647 El Camino Real, SSF
- Chico Marx Restaurant, 2 Tower Place, SSF
- Cal Water, 341 Delaware St, San Mateo

Call 650-588-1911 or email <u>info@ssfchamber.com</u> to arrange an alternate drop off window or pickup. **Please** contact the Chamber if you wish to do a drive at your business!

Together, we can bring smiles and comfort to our community. Thank you for your kindness and support!



You can RSVP and pay for our events by going to the calendar section and clicking on the event you want to attend. Registration is for SSF Chamber members.

> Not a Chamber member yet? Contact the Chamber at <u>info@ssfchamber.com</u> or visit <u>www.ssfchamber.com</u>

Follow us on <u>Facebook</u> & Instagram for the latest Chamber news.

### SSF Chamber Calendar of Events

Chamber Offices will be closed on:

December 25 - 29 in observance of the Christmas Holidays!

Happy Holidays and a wishing you a Prosperous New Year!

### South San Francisco Chamber Member Benefit

Did you know as one of the many benefits of being our member that you can submit your events for Chamber approval through our monthly newsletter, or social media outlets? Once approved, it will be listed on our <u>event calendar</u>!



Classic Bowling Center Matt DeVincenzi 900 King Plaza, Daly City, CA 94015 Tel: (650) 878-0228 Web: www.classicbowling.com



Your support is truly appreciated!

Berberian Nut Company (January 2014) CG Moving Company, Inc. (September 2012) Costco Wholesale- El Camino (December 2007) Dead Eye Coffee Bar (May 2018) Dela Rama Dental Care (November 2016) Four Points by Sheraton/Bistro 123 (August 2001) Oyster Point Yacht Club (December 2008) San Francisco Wine School (October 2015) Solar Earth, USA, LLC (May 2017) South San Francisco Women's Club (December 2005) SSF Friends of Parks & Recreation (March 2001) Unitek College (October 2020) Wine Vault (October 2001)

## **Legislative Watch List** We take care of politics so you can take care of your business

## **Chairman Circle Members**

Chairman's Circle members receive benefits above and beyond typical membership, with the highest visibility at Chamber events and in publications



Arlene Dozier Administrative Assistant

> Annie Distefano Office Assistant

Olga Garcia CG Moving Company

> Vice President Sailesh Mehra SM8

> > Treasurer

**BLT Construction** 

Matthew Butler Tri Counties Bank

David Huddleston **BWP Grosvenor Hotel**  Kevin Williams California Water Service

Ex-Officio City Manager Sharon Ranals Daniela Jonguitud Chajinel Home Care Services

Keri Kirby Sitike Counseling Center

> Suzanne Lee Genentech

Natalia Morales Kilroy Realty Corporation

Christina Ng Grand Palace Restaurant

> Shetal Patel Hampton Inn SFO

Pravin Punjiya Fairfield Inn by Marriott SFO

> Kevin Worth Kaiser Permanente