

May 2022



Our monthly news & updates

[Visit our Website!](#)

A Message From SSF Chamber Board President Paul Formosa



Sadly we mourn the recent passing of Jim Metz, Advanced Business Forms. Jim was a long time, extremely active member of the Chamber and served on your Board of Directors for many years. For most Chamber members, Jim will be remembered as Mr. Taste of South San Francisco.

The Annual Taste of South San Francisco event was chaired and organized by Jim for over 30 years! He always did a tremendous job with it, and it was attended by hundreds each year, and definitely the signature event of our Chamber of Commerce. And the envy of many other Chambers!

On a personal note, when I first came to South San Francisco in 1986, Jim was one of our company's suppliers. We bought all our checks and office supplies from Jim. Over the years, we did a lot of business together and Jim became a good friend. In the 1990's Jim recruited me to serve on the Chamber Board and I have served in various roles such as Director, Treasurer, Vice President, and President.

Jim was also very active at the SSF Day in the Park events held every year with his close friend and ally, Joe Fernekes. Joe served on the City Council and as Mayor. Joe and Jim together created J&J Barbeque, serving up their signature Spam Burgers at Day in the Park. Two for \$5.00! They also volunteered for various community events and fundraisers to help out wherever they could, and took J&J BBQ on the road! Joe and Jim were practically inseparable until Joe passed away suddenly in 2008.

Jim will be missed. His good humor, graciousness, willingness to get the job done, wisdom and charisma were amazing. Qualities that are sometimes hard to find these days.

Jim, wherever you are, thank you for everything you did to make all our lives better. We will miss you my friend.

SSF Chamber of Commerce Education Foundation Higher Education Scholarship Luncheon

A Message from Chamber CEO, Karin Moss

As a first time attendee, I was truly overcome with emotion as both a reader of the student essays and a participant at the Chamber's Annual Scholarship Luncheon. An audience of over 150 local dignitaries, educators, students and local stakeholders came together on April 21st at the South San Francisco Elks Lodge to celebrate and honor students who are now seeking university, college or vocational advancement.



According to Chamber Vice-President, Anthony "Tony" Clifford, it was particularly heartwarming after two years of not having the event in person to see the excitement for all who participated especially the scholarship winners, and to hear them cheering on one another as they were being honored.

Another touching moment was when a prior recipient of a 2011 Scholarship Award, Mayra Gonzalez Amador, "paid it forward" by having her company Amador General Construction sponsor two students.

We would be remiss without a special Shout Out of gratitude to our corporate sponsors Bird Scooters and Sports Basement who supplied special goodie bags and gift cards to the award recipients. The students were also treated to beautiful floral arrangements courtesy of Chamber member, Flowers by Sonia. The delicious lunch was catered by California Catering Company and enjoyed by all.

What a day! And what a proud moment for the parents, students, Chamber members, and elected officials. The newly minted SSF Chamber of Commerce Education Foundation is a 501(c) (3) non-profit organization which allows donations to be tax deductible. Thank you as ever to our hard working

Chamber staff Linda Parenti and Arlene Dozier for their assistance in making this a special day for all.

The photos of that special are now available online!
<https://www.ssfchamber.com/2022-scholarship.htm>

Photo credit: Scott Buschman Photography



Sitike Counseling Center Presents

REAL TALK

A free speaker series designed to educate and engage community members and promote collective wellness and resiliency.

May

3

Time to Talk

Practical resources that introduce mental health topics like recognizing warning signs, terminology, and how to get help.

May

10

Mood Boosters

Tips and tools that everyone can use to improve their mental health and increase resiliency.

May

17

I Am Not Alone

Panelists offer their unique perspective about the impact of culture and community on our mental and emotional wellbeing.

RSVP by clicking a session topic and attend one, two or all three events. All participants to receive a FREE self-care kit.

Questions? Email kkirby@sitike.org.



Thank you to our event sponsor!

Genentech

A Member of the Roche Group

Spend Mother's Day at AC Hotel Marriott!

1333 Veterans Blvd, SSF
650-742-9211



MOTHER'S DAY BRUNCH MENU

BREAKFAST ITEMS

scrambled eggs, breakfast potatoes,
quiches, bacon, sausage, breakfast pastries

HOT ITEMS

chicken with mushroom cream sauce
salmon with herbed lemon sauce
pasta with cream sauce
mashed potatoes
chicken tenders and mac & cheese

COLD STATION

meat and cheese platter
fresh oysters (half shell)
shrimp cocktail
smoked salmon with mini bagels, cream
cheese, onions, capers, hard boiled eggs

CARVING STATION

prime rib, au jus, creamy horseradish honey
baked ham

DESSERT STATION

assorted cakes, petit fours, cookies,
cupcakes

DRINKS

coffee | tea | infused water | assorted juices

55 per person (adults)
28 per person (kids 12ys and under)

San Francisco Wine School has a new discount code
for SSF Chamber Members:

SSFChamber2022!

It's good for 10% off everything

[San Francisco Wine School - Wine Education Experts](#)



**Amoura Restaurant
Mother's Day Brunch
Sunday, May 8, 10am - 3pm**

We will be open for a special Mother's Day brunch, with our full menu available a la carte, and a few special celebratory dishes including a classic Eggs Benedict, Salmon & Prawns with Garlic Lemon Sauce, Grilled Lamb Chops, and Cheesecake or decadent Chocolate Cake for dessert. Available both in our restaurant or out on our two patios.

We will also be offering bottomless Mimosas and our very own Za'atar Bloody Mary!

[RESERVE HERE](#)



PENINSULA RESTAURANT WEEK

May 13 - May 21

Join us May 13 - May 21 when we'll be participating in Peninsula Restaurant Week offering great dining deals.

2-course lunch or dinner \$20

Hummus with Pita; Choice of Chicken, Beef, or Falafel Shawarma

2-course lunch or dinner \$25

Fattoush Salad; Chicken Kebab with rice & grilled veggies



VISIT OUR [WEBSITE](#) FOR MORE INFORMATION



Facade and Tenant Improvement Grant Program Application Now Open!

The City Council has approved a new Facade and Tenant Improvement Program for eligible South San Francisco small businesses.

Eligible applicants can apply for grant funds of up to \$25,000 towards eligible expenses to improving a builder's exterior facade or improving accessibility under the Americans with Disabilities Act (ADA).


The application period is currently open until Friday, May 13, 2022 at 11:59pm.


Program guidelines: <https://bit.ly/3xQJERM>

Click [here](#) to apply

For additional questions, please call (650) 829-6620 (English), or (650) 829-6648 (Español)

FREE MENTAL HEALTH FIRST AID TRAINING (MHFA)

 Friday, May 6th

 8:00 a.m - 4:30 p.m (lunch will be provided)

 Municipal Services Building, 33 Arroyo Drive | Council Chambers



WHY MENTAL HEALTH FIRST AID (MHFA)?

Mental Health First Aid (MHFA) teaches you how to identify, understand, and respond to signs of mental health and substance use challenges among **adults**. MHFA is targeted **for adults in the general community**, especially non-mental health professionals. MHFA is for anyone who wants to make their community healthier, happier, and safer for all.

ENROLL AND RESERVE YOUR SEAT TODAY*

<https://forms.office.com/g/eAV6bsv5Cm>

or scan the QR Code



*Enrolled participants will receive a Mental Health First Aid USA certificate of completion and a free self-care kit.

WHAT THE TRAINING COVERS

- Common signs and symptoms of mental health challenges.
- Common signs and symptoms of substance use challenges.
- How to interact with a person in crisis.
- How to connect a person with help.
- Expanded content on trauma, substance use and self-care.

Learn how to respond with the Mental Health **First Aid Action Plan ALGEE**:

- A**ssess for risk of suicide or harm.
- L**isten nonjudgmentally.
- G**ive reassurance and information.
- E**ncourage appropriate professional help.
- E**ncourage self-help and other support strategies.

Questions? Contact Tamiko Huey at tamiko.huey@ssf.net or 650-515-9792



FREE YOUTH MENTAL HEALTH FIRST AID TRAINING (MHFA)



Saturday, May 7th



9:00 a.m - 5:30 p.m (lunch will be provided)



South San Francisco Police Department
(1 Chestnut Drive | Community Services Room)

WHY MENTAL HEALTH FIRST AID (MHFA)?

Mental Health First Aid (MHFA) teaches you how to identify, understand, and respond to signs of mental health and substance use challenges among **youth**. MHFA is targeted **for adults in the general community**, especially non-mental health professionals. MHFA is for anyone who wants to make their community healthier, happier, and safer for all.

ENROLL AND RESERVE YOUR SEAT TODAY*

<https://forms.office.com/g/a0JQrtMtMB>

or scan the QR Code



*Enrolled participants will receive a Mental Health First Aid USA certificate of completion and a free self-care kit.

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LEADERS WANTED!

LEADERSHIP CORPS
and the **NEW**
EMERGING LEADERS PROGRAM



 **APPLY NOW FOR 2022-23**
leadershipcouncilsmc.org/apply





**SOUTH SAN FRANCISCO
CONFERENCE CENTER**

SOCIAL GATHERINGS ARE HAPPENING NOW.

LET'S GET BACK TOGETHER, WE MISS YOU !



SOUTH SAN FRANCISCO CONFERENCE CENTER

YOUR EVENT SPECIALISTS

JUDY REYES

650-877-5200

jreyes@ssfconf.com

ssfconf.com



Save
the Date

**JUNE PARTNER
NETWORKING MIXER**

THURSDAY, JUNE 16TH | 4:30 - 6:30 PM

**SOUTH SAN FRANCISCO CONFERENCE CENTER
255 S AIRPORT BLVD, SOUTH SAN FRANCISCO, CA 94080**

Questions? Contact Nova@visitsmcsv.com



San Mateo County/Silicon Valley Convention & Visitors Bureau | 111 Anza Blvd # 410, Burlingame, CA 94010

Legislative Watch List

We take care of politics, so you can take care of your business



Avoid Surprises by Checking in with Employee During Family Leave

Is there any requirement to notify an employee in writing when their federal and/or state family leave is ending?

[Read here.](#)



California Says Asymptomatic People Exposed to Coronavirus Don't Need to Quarantine

California is no longer recommending a five-day quarantine period for people who are exposed to the coronavirus but remain asymptomatic, a move that could potentially result in a relaxation of similar rules in Los Angeles County.

[Read here.](#)

Calendar of Events

Webinars, ZOOM, Meetup, Coffee Chats and more...



You can RSVP and pay for our events by going to the calendar section and clicking on the event you want to attend. Registration is for SSF Chamber members.

*Not a Chamber member yet?
Contact the Chamber at info@ssfchamber.com
or visit www.ssfchamber.com*

Follow us on Facebook for the latest Chamber news.

SSF Chamber Calendar of Events

**South San Francisco Chamber of Commerce
TASTE of South San Francisco
Friday, November 4, 2022**

12:00 – 2:00pm

South San Francisco
Conference Center
255 So Airport Blvd., SSF

More details coming soon!

South San Francisco Chamber Member Benefit

Did you know as one of the many benefits of being our member that you can submit your events for Chamber approval through our monthly newsletter, or social media outlets. Once approved, it will be listed on our [event calendar!](#)

NEW CHAMBER OF COMMERCE MEMBERS



Fairfield Inn & Suites by Marriott SFO Airport North

Pravin Punjiya
127 W. Harris Ave
South San Francisco, CA 94080
(650) 822-8880
Pravin.punjiya@marriott.com
[Click here for website](#)



Your support is truly
appreciated!

Allstore Center (May 1997)
Circle Communications (February 2018)
City Cabling (February 2014)
Dela Rama Dental Care (November 2016)
Ben Tre Restaurant (September 2020)
Binex Line Corp. (SFO) (May 2011)
Brentwood Holding Company, LP (May 2016)
Days Inn (May 2017)
Focus Day Program (May 2021)
Grand Hyatt at SFO (March 2020)
Hawi Hawaiian BBQ (September 2020)
MAAT ARTS, LLC (May 2017)
Nova Works (May 2021)
Pass Janitorial Service (March 2001)
Ramada Limited (May 2017)
Rhino Investigation (March 2021)
San Bruno Mountain Watch (January 2020)
School House Grocery (April 2000)
Westborough Water District (May 1988)

Chairman Circle Members

*Chairman's Circle members receive benefits above and beyond typical membership,
with the highest visibility at Chamber events and in publications*

Chairman Circle – GOLD MEMBER



Chairman Circle – SILVER MEMBERS



Chairman Circle – BRONZE MEMBERS



2022 Board of Directors

President
Paul Formosa
SSF Scavenger Co.

Vice-President
Tony Clifford
CEO/President
Beacon Business Bank

Board Members

Bill Benavides
BLT Construction

Kristin Ditlevsen
Liberty Bank

Olga Garcia
CG Moving Company

Chamber Personnel

Chief Executive Officer
Karin Moss

Staff
Linda Parenti
Arlene Dozier

Treasurer
Matthew Butler
Tri Counties Bank

Ex-Officio
Mike Futrell
City of South San Francisco

Kathy Hoffman
California Water Service

David Huddleston
BWP Grosvenor Hotel

Daniela Jonguitud
Chajinel Home Care
Services

Reggie Kumar
AC Hotel by Marriott SFO

Darius Lahtinen
Genentech

Jim McGuire
SSF Conference Center

Natalia Morales
Kilroy Realty Corporation

Christina Ng
Grand Palace Restaurant

Gus Shihadeh
Amoura Restaurant

Kevin Worth
Kaiser Permanente