

November 2025



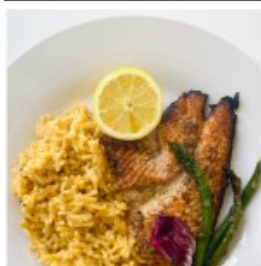
Our monthly news & updates

[Visit our Website!](#)



TASTE OF SSF

THURSDAY NOVEMBER 6TH
LIBRARY PARKS & RECREATION CENTER
901 CIVIC CAMPUS WAY, SSF
12:00 PM-2:00 PM
\$65 PER PERSON



Get Your Tickets TODAY

for Taste of South San Francisco

This is a ticketed event. No tickets will be sold at the door.

Join us for the Taste of South San Francisco on Thursday, November 6, from 12 noon to 2 p.m. at the Library Parks and Recreation Center.

Enjoy bites from more than 20 local restaurants and eateries for less than three dollars per restaurant. Each one will be serving their best dishes as they compete for the title of Tastiest Restaurant.

It's the perfect midday event to kick off the holiday season, connect with friends, and network with our business community. Bring your team, your coworkers, or your favorite foodie friends for an afternoon filled with fun, flavor, and community spirit.

 Get your tickets today before they sell out!

 Tickets, Donation and Info

Call: 650-588-1911

Email: info@ssfchamber.com

Website: [Calendar of Events – October 2025 in South San Francisco](#)

[Buy your Tickets Here](#)

A Message from the Desk of Mary Prem

CEO of the South San Francisco Chamber of Commerce



Dear Chamber Members and Friends,

What a month it has been. We just wrapped up our Annual Business Excellence Awards Gala, and it was a wonderful night of celebration. The energy in the room, the food, and the joy of recognizing our local businesses made it truly special. We'll share photos and more details in an upcoming issue dedicated entirely to the gala and all the fabulous moments.

This week we're excited for the **Taste of South San Francisco** on Thursday, November 6, from 12 noon to 2 p.m. It's one of our favorite events, and I hope to see you there enjoying good food and great company.

As Thanksgiving approaches, I want to take a moment to thank you for being part of our Chamber family. Your support and partnership make our community stronger every day.

We're also collecting nonperishable food items and grocery store gift cards to help our neighbors in need, in partnership with Second Harvest Food Bank. Many have lost their SNAP benefits, and this is one small way we can help. We're also starting our annual toy and sock drive to spread some holiday cheer. Donation bins will be available at the Chamber office and at member businesses throughout the city. Let us know if you'd like one at your location.

Looking ahead, ***Santa Comes to Town*** will take place on **Saturday, December 6**. Downtown merchants are invited to take part in our popular holiday bingo game by offering a small treat or sample to visitors. It's a fun way to welcome the community and encourage shopping local.

From all of us at the Chamber, I wish you and your loved ones a warm and thankful holiday season.

With gratitude,
Mary



South San Francisco

2025
STATE of the CITY

Luncheon

An event you don't want to miss!

Mayor Eddie Flores
joined by **special guests.**

THURSDAY, NOVEMBER 13
11:30 a.m. - 1:30 p.m.

South San Francisco Conference Center
255 S Airport Blvd
South San Francisco, CA 94080

Tickets and details:
<http://SSFsotc2025.eventbrite.com>





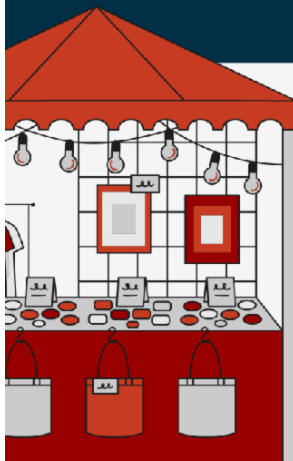
EVOLVE COMMUNITY PRESENTS

NIGHT MARKET

FRIDAY, NOVEMBER 21ST 6-8 PM

HERE ARE A FEW EXAMPLES OF WHAT OUR VENDORS
WILL BE OFFERING!

LIPGLOSS CHARMS - BANANA BREAD - PANNA
COTTA- HANDMADE ITEMS - CARDS - PINS
DECORATIVE JARS - RICE BALLS - KEYCHAINS



JOIN US FOR ANOTHER NIGHT MARKET AND SUPPORT
OUR VENDORS!

647 EL CAMINO REAL, SSF



renaissance
entrepreneurship center

Millbrae Small Business Mixer



Connect with other
entrepreneurs and learn
about **FREE** local community
resources for small business
owners!

Complimentary
Appetizers
Beverages

RSVP



NOV. 18, 5:30 - 7:00 PM

Millbrae Recreation Center
477 Lincoln Cir.
Millbrae, CA 94030

Funded in part through a cooperative agreement with the U.S. Small Business Administration (SBA). Funded in part through a grant with the Governor's Office of Business and Economic Development. All opinions, conclusions, or recommendations expressed are those of the author(s) and do not necessarily reflect the view of the SBA. California Office of the Small Business Advocate or Cal Poly – San Mateo sponsored programs. The National Small Business Development Center (SBDC) welcomes all entrepreneurs and business owners. Our events and services are open to anyone interested in small business development.



Reasonable accommodations for persons with disabilities will be made if requested at least 72 hours in advance. Please contact San Mateo SBDC (650) 336-9150 or info@senmateosbdc.org

SSF Friends of the Library

BOOK SALE



\$10 a bag

Payment: Cash or
credit/debit via QR code



All proceeds go to funding
for children's and adult
special programs as well as
library collections (books,
audio visual materials, etc.).



New Members for September & October
Ana's Salon
Ana Nunez

341 Baden Ave
South San Francisco, CA 94080
(415)646-3337
Ananunes3@yahoo.com

Day Men's Health

Dominic Nardi
1001 Sneath Lane Suite 206
San Bruno CA 94066
<https://gamedaymenshealth.com/san-bruno-ca/>
Dr. Harlan South Medical Doctor

We are a Men's Health Clinic focused on making Men feel their best. We offer Testosterone optimization, medical weight loss, Vitamin/Nutrient Therapy, Ed Treatments etc.

Dr. Abdul PHS LLC

925-448-7591, 415-722-2416
info@drabdulphs.com
<https://drabdulphs.com/>
Pink Himalaya Salt, Edible Salt, Lighting Lamps

Synergism, LLC

Rosaura R. Gil, PHR
(415)341-7111
rousuarna@synergismhr.com
www.synergismhr.com

Bilingual Consultant for small to mid-size businesses

Golf with Me/Teleios, LLC

Cheri Soriano-Escalante
teetime@golfkumu.com
Personal Gold Instructor Marc Escalante

IFGF San Francisco

Devi Tkakra
333 Victory Ave
South San Francisco, CA 94080
info@ifgfsf.com
<https://www.ifgfsf.com/>

SSF Conference Center Catering

Judy Reyes
255 Airport Blvd.
South San Francisco, CA 94080
(650)877-5200
<https://ssfconf.com/meetings/catering-services/>

Vocational Rehabilitation Services

Carlos Arrecis
Human Services Agency
San Carlos CA 94070
(650)802-6496
<https://www.dor.ca.gov/Home/VocationalRehabilitation>

Renewing Members

Agilent Technologies (August 2023)

Anchor Drugs-Health and Holistic Center (October 2009)
Antigua Coffee Shop (October 2014)
Bachecki, Crom & Co., LLP (November 2015)
Blake Griggs Properties, LLC (November 2017)
Bob Jr's Towing, Inc. (April 2000)
Broadway Masala (November 2023)
Brothers Café (June 2016)
Carpenters Union Local 217 (October 2003)
Cetera Investors (August 2025)
Classic Bowling Center (November 2023)
Curry Corner (June 2020)
Curry Pizza House/ABC Holdings LLC (June 2024)
Darby Dan's Sandwich Co. (August 1981)
Dead Eye Coffee Bar (May 2018)
Dela Rama Dental Care (November 2016)
Downtown Liquor (July 2023)
Embassy Suites (July 1988)
Financial Partners Credit Union (November 2016)
Giorgi Brothers Furniture (October 1949)
Incline Insurance Services, Inc. (November 2020)
Industrial and Commercial Bank of China (USA) (March 2008)
Inflow Tech, Inc. (November 2017)
J&J Market (July 2023)
La Tapatia, LLC (November 1987)
Larkspur Landing Hotel (April 1999)
Legal Shield (May 2017)
Lum Optometry (July 1998)
MC2 Bay Area Public Affairs LLC (October 2017)
Madison Street Press (February 2016)
Nick the Greek (July 2021)
Nicolas Family (October 2017)
Peninsula Clean Energy (November 2017)
R&A Janitorial, LLC (November 2006)
Robison Nieri-White Construction (July 2012)
San Francisco Wine School (October 2015)
Shabu Shack (July 2023)
South City Optometry (April 1993)
South San Francisco Education Foundation (October 2024)
Speed Wash (July 2001)
SSF Friends of the Library (October 2001)
SSF Friends of Parks & Recreation (March 2001)
The Anecdote (September 2022)
The Back Doctor (November 2006)
Unitek College (October 2020)
UPS Store (July 1992)
Veronica M. Herrera, Enrolled Agent (November 2016)



October is Breast Cancer Awareness Month

Breast Cancer is the second leading cause of cancer deaths in women. Preventive exams like mammograms may help to identify breast cancer early, which can save lives. According to the American Cancer Society, when breast cancer is detected early and is in the localized stage, the 5-year relative survival rate is 99%.

Why are breast cancer screenings important?

Breast cancer screenings with mammograms are important to help detect early signs of breast cancer.

Kaiser Permanente is a national leader in breast cancer screening

Our breast cancer screening rates are in the top 5% nationwide, which exceeds the national average. According to HEDIS, the Healthcare Effectiveness Data and Information Set, a tool that is used by more than 90 percent of U.S. health plans to measure performance on important dimensions of care and service, Kaiser Permanente's screening rates are 81.8% vs. 74% nationwide. The following links demonstrate the importance of screening and early detection to help others:

[KPDivisionOfResearch.Breast-Cancer/](#) and [KPDivisionOfResearch.Breast-Cancer/](#).

The next critical step for most patients is treatment

Our clinicians treat over 500,000 cancer patients every year. When we detect cancer, we quickly create a care plan that's personalized for each patient's needs, so their care team can include a range of medical oncologists, radiation oncologists, surgical oncologists, radiologists, pharmacists, nurses, and care coordinators. Cancer patients are then followed closely and supported throughout all stages of their care.

While October is designated as Breast Cancer Awareness month, it's important to keep screening and detection top of mind year-round. Stay current on your yearly physical too or schedule an appointment with your doctor if you have any concerns.

Yours in good health,

Edward Kao, MD

Physician-in-Chief

Kaiser Permanente South San Francisco Medical Center

Friendly reminder to Chamber Members:

Have you changed your contact information, email address, or phone numbers?

Please provide the SSF Chamber of Commerce with your information to keep our website up to date.

You can email any changes to info@ssfchamber.com



You can RSVP and pay for our events by going to the calendar section and clicking on the event you want to attend.

Registration is for SSF Chamber members.

Not a Chamber member yet?

Contact the Chamber at

info@ssfchamber.com

or visit www.ssfchamber.com

Follow us on [Facebook](#) & Instagram for the latest Chamber news.

Calendar of Events

11/6 Taste of South San Francisco

11/11 Veterans Day Holiday

11/12 City Council Meeting

11/13 State of the City, SSF Conference Center

11/26 City Council Meeting

11/27 & 28 Thanksgiving Holiday

12/4 Chamber Mixer at SSF Women's Club

12/6 Santa Comes to Town

South San Francisco Chamber Member Benefit

Did you know as one of the many benefits of being our member that you can submit your events for Chamber approval through our monthly newsletter, or social media outlets? Once approved, it will be listed on our event calendar!

Legislative Watch List

We take care of politics so you can take care of your business

Chairman Circle Members

Chairman's Circle members receive benefits above and beyond typical membership, with the highest visibility at Chamber events and in publications

Chairman Circle - GOLD MEMBER



Chairman Circle - SILVER MEMBERS



Chairman Circle - BRONZE MEMBERS



Chamber Personnel

Mary Prem
CEO

Arlene Dozier
Executive Assistant

Kamal Hyder
SF Bay ADU

Suzanne Lee
Genentech

Sailesh Mehra
SM8

Ambassadors

Luis Almendarez
Cetera Investors

Kris Brown
Cintas

Claudia & Mario Canseco
Chula SF

Board of Directors

President

Dani Fandino
Events & Flowers by Dani

Vice President

Cesar Dominguez
ProColor Collision

Treasurer

Michael Formosa
SSF Scavenger Company

Ex-Officio City Manager

Sharon Ranals

Ex-Officio City Economic Mgr

Ernesto Lucero

Natalia Morales

Kilroy Realty Corporation

Pravin Punjiya

Fairfield Inn by Marriott SFO

Judy Reyes

*California Catering at
SSF Conference Center*

Roger Rodriguez

Rockoto Peruvian Restaurant

Kevin Williams

California Water Service

Kevin Worth

Kaiser Permanente

Lydia Pomposo
Commissioner

Astrid Rivera
IHOP GM/Retired

Yamel Rodriguez
Northwest Water Proofing

John Sanna
Friends of Park & Rec

Brad Smith
Incline Insurance

Erika Tomayo
K-Bellos Hair Salon

Florida Ventura
Broker/Musician

Yesika Wong
YSIPIX Photography

South San Francisco Chamber of Commerce | 213 Linden Avenue | South San Francisco, CA
94080 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!